



Programme Overview

The Dialogix programme trains participants in the use of Structural Dynamics and Generative Dialogue to make behavioural change happen.

Follow one of our three pathways...

'Becoming an Interventionist'

This is for individuals who want to become skilled practitioners able to design and implement individual, team and organisational behavioural change interventions.

Or follow our Leading in High Stakes Programme for individuals

'Leading Your Own Behavioural Change'

This is for individuals who want to better understand their own and others' behaviours in order to achieve greater impact and more powerful and productive outcomes in their interactions.

'Changing Internal Narratives'

This is for individuals who want to change the most influential and stuck internal narratives which impact on behavioural choices and reactivity especially in High Stakes

Pathway 1:

Leading Your Own Behavioural Change

FOUNDATION LEVEL:

Reading the Room: Changing the Outcome

An introduction to Structural Dynamics using the online Download learning module with practical advice for individual application of the Action Propensities in the context of virtual conversations

Pre-requisites:

None

LEVEL 1:

Navigating Diverse Behaviours and Dynamics

Virtual training designed to equip participants in the use of Structural Dynamics in different contexts in order to navigate diverse behaviours and dynamics effectively.

Frame:

Module 1: Practice - Action Propensities

Module 2: Practice - Communication Domains

Module 3: Practice - Operating Systems

Module 4: Introduction to Model Clash and High Stakes

Module 5: Reading a Team Behaviourally

- bMap Assessment
- 5 x 3 hour virtual modules over 5 consecutive days
- 1-hour each day for asynchronous individual work between modules

Pre-requisites:

Completion of the Dialogix Download Film – 'Reading the Room: Changing the Outcome'.

LEVEL 2:

Navigating High Stakes Behaviour

Virtual training designed to equip participants to use Structural Dynamics to navigate high stakes effectively.

Frame:

Module 1: Reading the room for high stakes

Module 2: Knowing yourself in high stakes

Module 3: Reducing the harm you and others can do

Module 4: Being greater than the greatest disturbance

Module 5: Dealing with retrenchment

- 2 x 1-hour pre and post programme individual coaching sessions
- 5 x 3-hour modules over 5 consecutive days
- 1.5 hours each day for individual asynchronous activity between modules

Pre-requisites:

Completion of the Level 1 virtual programme Navigating Diverse Behaviours and Dynamics including the Dialogix Download Film – 'Reading the Room: Changing the Outcome'.



Pathway 2:

Becoming an Interventionist

FOUNDATION LEVEL:

Reading the Room: Changing the Outcome

An introduction to Structural Dynamics using the online Download learning module with practical advice for individual application of the Action Propensities in the context of virtual conversations

Pre-requisites:

None

LEVEL 1:

Making Behavioural Change Happen

An immersive 'in the room' training focused on designing and leading behavioural interventions to change how communication happens in teams and organisations using Structural Dynamics and Generative Dialogue.

Frame:

- bMap Assessment
- 2 x 1-hour pre and post-programme individual coaching sessions
- 5 consecutive days of training

Pre-requisites:

Completion of the Dialogix Download Film – 'Reading the Room: Changing the Outcome'.

LEVEL 2:

Changing Behaviour in High Stakes

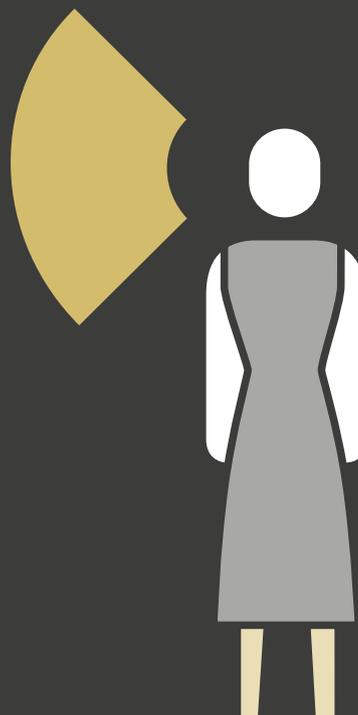
An immersive 'in the room' training focused on understanding what drives human behaviour in crisis and knowing how to design and facilitate interventions that can change disruptive patterns of behaviour which so often erupt without warning.

Frame:

- 2 x 1-hour pre and post-programme individual coaching sessions
- 5 consecutive days of training

Pre-requisites:

Completion of Level 1: Making Behavioural Change Happen programme.



Pathway 3:

Changing Internal Narratives

FOUNDATION LEVEL:

Reading the Room: Changing the Outcome

An introduction to Structural Dynamics using the online Download learning module with practical advice for individual application of the Action Propensities in the context of virtual conversations

Pre-requisites:

None

Level 1:

Coaching the Childhood Story

An immersive virtual training focussed on learning how to unearth and work effectively with Childhood Story in order to enable profound behavioural change and eliminate involuntary shadow behaviour under stress

Frame:

- bMap Assessment
- 2 x 1-hour pre and post-programme individual coaching sessions
- 5 consecutive days of training

Pre-requisites:

Completion of the Dialogix Download Film – 'Reading the Room: Changing the Outcome'.

Level 2:

Practice Support and Supervision

Work with an experienced Story-guide supervisor as you take the concepts into use after completing level 1.

Frame:

- 6 x 1 hour individual virtual coaching sessions

Pre-requisites:

Completion of Level 1: Coaching the Childhood Story

Childhood Story Practitioner Development

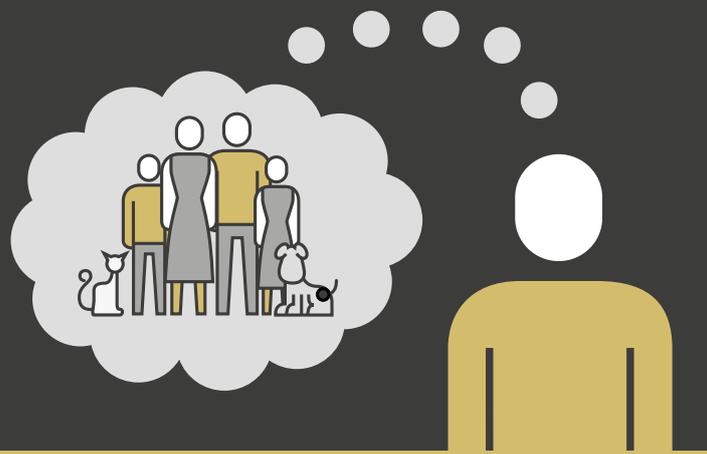
An opportunity to share and extend practice, hear about the latest thinking and experience in the field and deepen work on your own story

Frame:

An ongoing series of one-day group sessions

Pre-requisites:

Completion of Level 1: Coaching the Childhood Story



Leading in High Stakes:

A coaching programme for individuals

Leading in High Stakes is a coaching programme for individual leaders that offers depth, challenge and support in working with and changing some of the most demanding behaviours we experience in the systems we live and work in.

Working with your coach 1:1, you will have the opportunity to do deep work on Self, gaining insights into what drives your own high stakes reactions and shadow behaviours. Perhaps most importantly, building the necessary skills to be able to lower the stakes not only for yourself but also for others.

You will learn how to identify and read different ways in which reactivity can show up and develop your understanding of what part individual 'triggers' play in creating the conditions for high stakes behaviour to emerge. Together, we will explore methods for how to intervene in group settings when behavioural patterns lead to clash and levels of judgment are heightened.

- bMap Assessment
- 2 x 1-hour and 6 x 1.5-hour individual coaching sessions
- Asynchronous individual work between sessions to apply the learning

Pre-requisites:

Completion of the Dialogix Download Film – 'Reading the Room: Changing the Outcome'

